



OFFICE OF SUBSTANCE ABUSE AND MENTAL HEALTH

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SUICIDE PREVENTION COORDINATING COUNCIL 2018 ANNUAL REPORT

Department of Children and Families
Office of Substance Abuse and Mental Health

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I. Introduction

The Department of Children and Families (department) Office of Substance Abuse and Mental Health (SAMH) implements suicide prevention efforts through the Statewide Office for Suicide Prevention (SOSP). The SOSP collaborates with the Suicide Prevention Coordinating Council (SPCC) and other stakeholders to implement the 2016-2020 Florida Suicide Prevention Plan (Plan). One responsibility is to prepare this annual Report pursuant to section 14.20195(c), F.S. and present it to the Governor, the President of the Senate, and the Speaker of the House of Representatives. The SPCC consists of 27 members whose mission is to develop effective strategies for suicide prevention. This year, the SOSP invited the SAMH regional offices and Managing Entity staff to join the SPCC as permanent guests and non-voting members.

The Report addresses suicide prevention efforts relative to the Plan and provides an overview of 2016 national suicide statistics and 2017 Florida suicide statistics. The Plan delineates the following goals:

1. Integrate and coordinate suicide prevention activities across multiple sectors and settings.
2. Increase public knowledge of the factors that offer protection from suicidal behaviors and promote wellness and recovery.
3. Implement and monitor effective evidence-based programs to promote wellness and prevent suicide-related behaviors.
4. Provide training on the prevention of suicide and related behaviors to the community and clinical service providers.
5. Promote suicide prevention as a core component of health care services.
6. Promote and implement effective clinical and professional practices for assessing and treating those identified as being at-risk for suicidal behaviors.
7. Increase the usefulness of national and state level surveillance data to inform suicide prevention efforts.

To obtain a statewide picture of suicide prevention activities, the SOSP asked stakeholders to complete the *2018 Suicide Prevention Activities* form that captures all suicide prevention related efforts. Section IV of this report summarizes suicide prevention activities implemented for 2018; Appendix 1 provides a full list the activities with future planned activities in Appendix 2.

Suicide prevention efforts specific to service members, veterans, and their families is a special focus of the SOSP. In 2017, with the assistance of the federal *Substance Abuse and Mental Health Services Administration's Service Members, Veterans, and their Families (SMVF) Technical Assistance Center*, SOSP created the Florida Implementation Plan. A subcommittee of the SOSP met to work towards implementation of the plan

throughout 2018. The efforts of the subcommittees are detailed in section VI of this Report.

II. An Overview of Suicide

Suicide is a major public health issue and a leading cause of death nationally, with complex causes such as mental health and substance use disorders, painful losses, exposure to violence, and social isolation.¹ Suicide is a tragic, but preventable event that has a devastating impact on families and communities. In 2017, **3,187 lives** were lost to suicide in Florida.

To better understand this complex public health problem and improve suicide prevention efforts, the SOSP and the SPCC continually review national and state-level suicide data. The information presented in this section provides the most recent suicide data available.

II.A. National Data

National suicide data for 2016, which is the most recent data available from the Centers for Disease Control and Prevention, is summarized below:

- The total number of deaths in the U.S due to suicide was 44,965.²
- Suicide was the tenth leading cause of death in the U.S.

Table 1 shows the 2016 national suicide deaths per age group. Notably, suicide was the second leading cause of death for individuals within the 5-14, 15-24, and 25-34 age groups, and the fourth leading cause of death for individuals within the 35-44 and 45-54 age groups.

Table 1: National Suicide Deaths in 2016

| Age Group | Suicide Deaths | Rate per 100,000 | Cause of Death Ranking |
|-----------|----------------|------------------|------------------------|
| 5-14 | 443 | 1.08 | 2 |
| 15-24 | 5,723 | 13.15 | 2 |
| 25-34 | 7,366 | 16.49 | 2 |
| 35-44 | 7,030 | 17.37 | 4 |
| 45-54 | 8,437 | 19.72 | 4 |
| 55-64 | 7,759 | 18.71 | 8 |
| 65+ | 8,204 | 16.66 | 16 |

¹ See, <https://www.samhsa.gov/suicide-prevention>, site accessed October 19, 2017.

² See, https://www.cdc.gov/injury/wisqars/pdf/leading_causes_of_death_by_age_group_2016-508.pdf, site accessed September 17, 2018.

³ See, <https://www.cdc.gov/violenceprevention/suicide/statistics/index.html>, site accessed September 17, 2018.

II.B. Florida Data

Data related to suicide in Florida for 2017, as reported in the *Florida Vital Statistics Annual Report (2017)*,⁴ is summarized below:

- The total number of deaths due to suicide was 3,187, which is a slight increase from 3,122 in 2016.
- Suicide was the eighth leading cause of death in Florida.
- The suicide rate per 100,000 population was 15.5. This is a slight increase from 2016 (15.4).

Table 2 shows the numbers of Florida suicide deaths per age group. Suicide was the second leading cause of death for individuals within the 25-34 age group in 2017, similar to the national ranking of 2016, and the third leading cause of death for individuals within 15-24 age group. Suicide was the fourth leading cause of death for individuals within the 5-14, 35-44, and 45-54 age groups.

Table 2: Florida Suicide Deaths in 2017

| Age Group | Suicide Deaths | Rate per 100,000 | Cause of Death Ranking |
|--------------|----------------|------------------|------------------------|
| 5-14 | 17 | 0.7 | 4 |
| 15-24 | 286 | 11.6 | 3 |
| 25-34 | 430 | 16.1 | 2 |
| 35-44 | 399 | 16.2 | 4 |
| 45-54 | 601 | 21.9 | 4 |
| 55-64 | 634 | 23.3 | 8 |
| 65-74 | 406 | 17.9 | 13 |
| 75-84 | 272 | 21.7 | 16 |
| 85+ | 141 | 25.5 | 18 |
| Unknown | 1 | N/A | N/A |
| Total | 3187 | 15.5 | 8 |

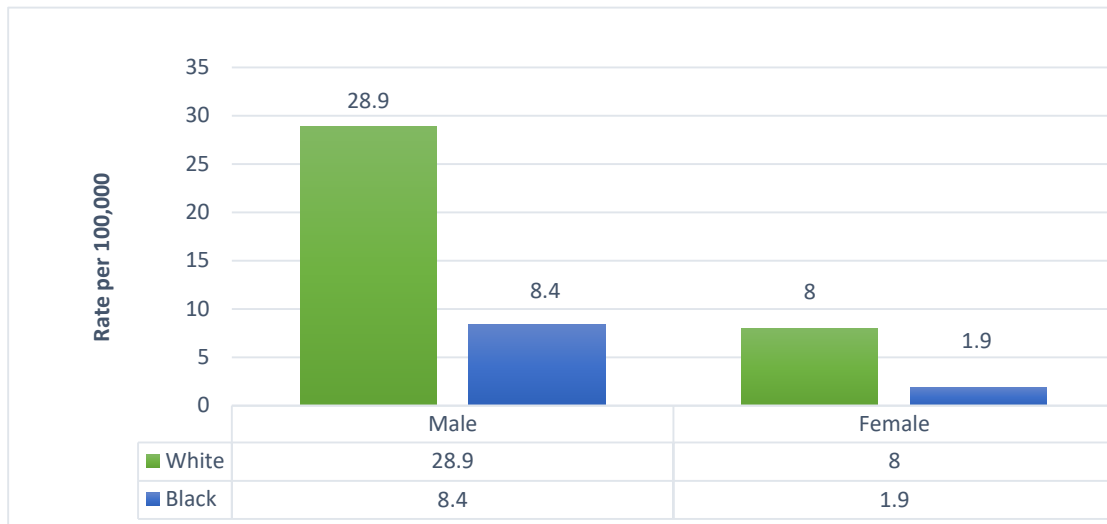
Data Source: TABLE D-11: RESIDENT DEATHS FOR SELECTED CAUSES, BY AGE GROUPS, BY COUNTY, FLORIDA, 2017: *Florida Vital Statistics Annual Report (2017)*⁵

Graph 1 shows that in 2017, Florida suicide rates for white and black males were higher than the rates for white and black females. The suicide rate for white males was the highest, while the suicide rate for black females was the lowest.

⁴ See, <http://www.flpublichealth.com/VSBOOK/pdf/2017/Deaths.pdf>, site accessed October 3, 2018.

⁵ See, <http://www.flpublichealth.com/VSBOOK/pdf/2017/Deaths.pdf>, site accessed October 3, 2018.

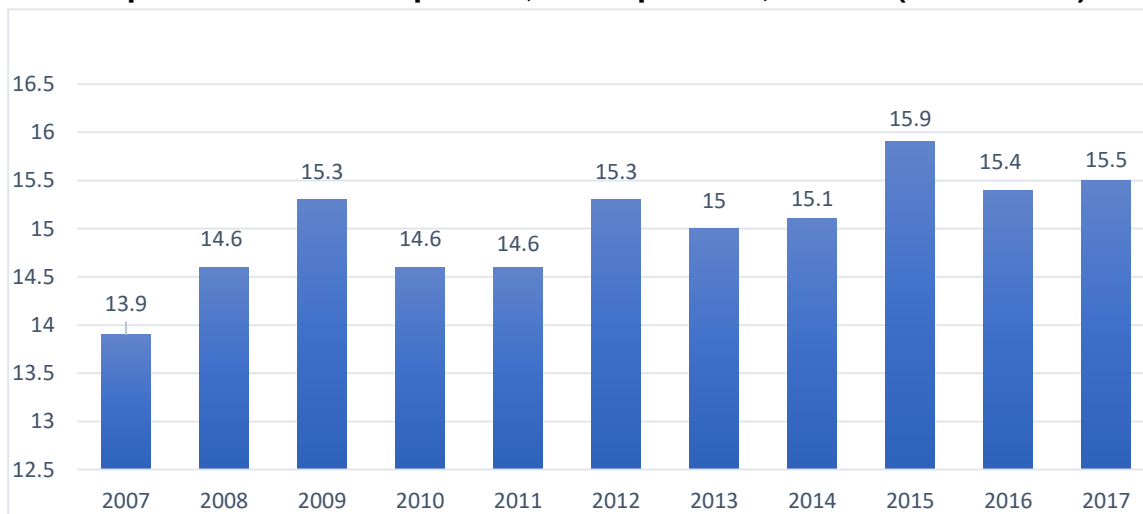
Graph 1: 2017 Florida Suicide Death Rates per 100,000 Population by Race and Gender



Data Source: CHART D-13: RESIDENT SUICIDE DEATHS AND RATES PER 100,000 POPULATION, BY RACE AND GENDER, FLORIDA, CENSUS YEARS 1970-2000 AND 2007-2017: *FLORIDA VITAL STATISTICS ANNUAL REPORT (2017)*⁶

Graph 2 shows a consistent upward trend in the suicide rate in Florida from 2007 to 2009. The trend fluctuates slightly from 2009 to 2017. The lowest suicide rate was 13.9 in 2007, while the highest was 15.9 in 2015. The suicide rate slightly increased from 2016 to 2017.

Graph 2: Suicide Rate per 100,000 Population, Florida (2007 - 2017)



Data Sources: CHART D-13: RESIDENT SUICIDE DEATHS AND RATES PER 100,000 POPULATION, BY RACE AND GENDER, FLORIDA, CENSUS YEARS 1970-2000 AND 2007-2017: *FLORIDA VITAL STATISTICS ANNUAL REPORT (2017)*⁷

⁶ See, <http://www.flpublichealth.com/VSBOOK/pdf/2017/Deaths.pdf>, site accessed October 3, 2018.

⁷ See, <http://www.flpublichealth.com/VSBOOK/pdf/2017/Deaths.pdf>, site accessed October 3, 2018.

III. Goals

In 2001, the U.S. Surgeon General issued the National Strategy for Suicide Prevention (National Strategy) to launch an organized effort to prevent suicide across the nation. Updated in 2012, the revised National Strategy represented a new approach to enlisting all states in the effort to prevent suicide. Florida’s Plan is a collaboration of the SPCC and the SOS. Section 14.20195(a), F.S., requires the SPCC to advise the SOS “regarding the development of a statewide plan for suicide prevention, with the guiding principle being that suicide is a preventable problem.”

The purpose of the Plan is to guide statewide efforts to decrease suicide-related deaths through a framework of goals and objectives that coordinate suicide prevention activities at the state and local community levels. The Plan can be viewed on the [department’s SOS website](#).

Table 3 outlines the Plan’s strategic directions, goals, and objectives. The four strategic directions align with the National Strategy, which are:

- Healthy and empowered individuals, families, and communities
- Clinical and community preventive services
- Treatment and support services
- Surveillance, research, and evaluation

Table 3: 2016-2020 State Plan for Suicide Prevention

| Strategic Direction | Goal | Objective(s) |
|---|---|--|
| <p align="center">Healthy and Empowered Individuals, Families, and Communities</p> | <p>1. Integrate and coordinate suicide prevention activities across multiple sectors and settings.</p> | <p>1.1 Integrate suicide prevention into the values, culture, leadership, and workplace of a broad range of organizations, programs, and schools with a role to support suicide prevention activities.</p> <p>1.2 Establish effective, sustainable, and collaborative suicide prevention programming at the state, tribal, and local levels.</p> |
| | <p>2. Increase public knowledge of the factors that offer protection from suicidal behaviors and promote wellness and recovery.</p> | <p>2.1 Reduce prejudice, stigma, and discrimination associated with suicidal behaviors and mental and substance use disorders.</p> |
| <p align="center">Clinical and Community Preventive Services</p> | <p>3. Implement and monitor effective evidence-based programs to promote wellness and prevent suicide-related behaviors.</p> | <p>3.1 Encourage community-based settings to implement effective evidence-based programs and provide education to promote wellness.</p> <p>3.2 Intervene to reduce suicidal thoughts and behaviors in populations with suicide risk.</p> |

| Strategic Direction | Goal | Objective(s) |
|---|---|--|
| | 4. Provide training on the prevention of suicide and related behaviors to community and clinical service providers. | 4.1 Update and modify suicide prevention trainings to meet the provider's specific needs and roles. |
| Treatment and Support Services | 5. Promote suicide prevention as a core component of health care services. | 5.1 Promote timely access to assessment, intervention, and effective care for individuals with heightened risks for suicide. 5.2 Establish linkages between providers of mental health and substance abuse services and primary care and community-based programs, including peer support programs. |
| | 6. Promote and implement effective clinical and professional practices for assessing and treating those identified as being at-risk for suicidal behaviors. | 6.1 Adopt, disseminate, and implement guidelines for the assessment of suicide risk among persons receiving care in all settings. 6.2 Adopt, disseminate, and implement guidelines for clinical practice and continuity of care for providers who treat persons with suicide risks. |
| Surveillance, Research, and Evaluation | 7. Increase the usefulness of national and state-level surveillance data to inform suicide prevention efforts. | 7.1 Identify available data to guide suicide prevention efforts. |

This year, the SOSP and the SPCC analyzed the impact of goal two; increasing public knowledge of suicide prevention. To determine the type of suicide prevention related trainings conducted in the community and the number of individuals exposed to suicide prevention, the SOSP asked stakeholders to complete the *2018 Suicide Prevention Activities* form. The SOSP analyzed the 39 forms received. An analysis of the results is presented in the following section.

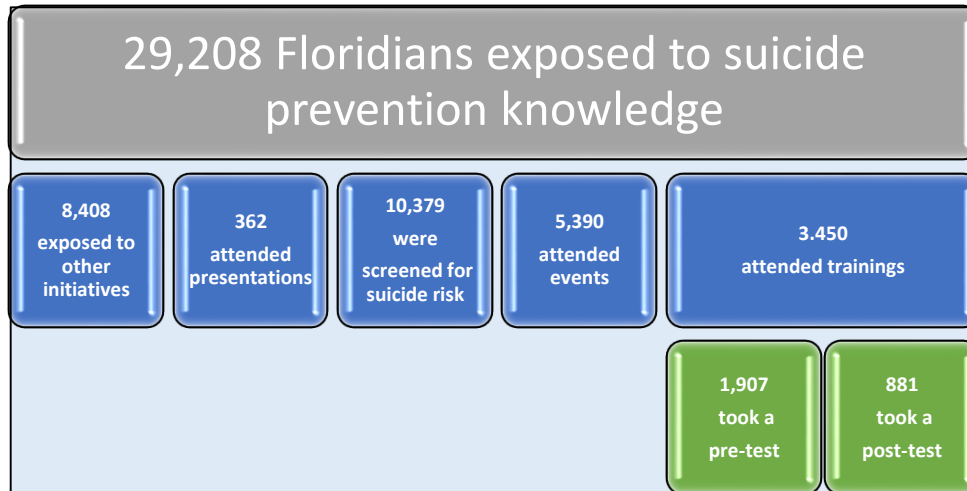
IV. Increase Public Knowledge of Suicide Prevention

Hosting informational tables at events, hosting events that focus on suicide prevention, or facilitating presentations on the topic are methods for increasing awareness. From January to July 2018, 14,160 individuals were exposed to general information about suicide prevention. This is an increase from 6,687 individuals who were exposed to a suicide prevention activity in 2017. In total, 29,208 individuals were exposed to suicide prevention in 2018.

Graph 3 shows that 63 suicide prevention trainings were provided to 3,450 individuals from January 1, 2018 to June 30, 2018, to increase knowledge of ways to help

someone who is suicidal, provide knowledge about the risk and protective factors, as well as ways to prevent deaths by suicide.

Graph 3: Exposure to Suicide Prevention Knowledge

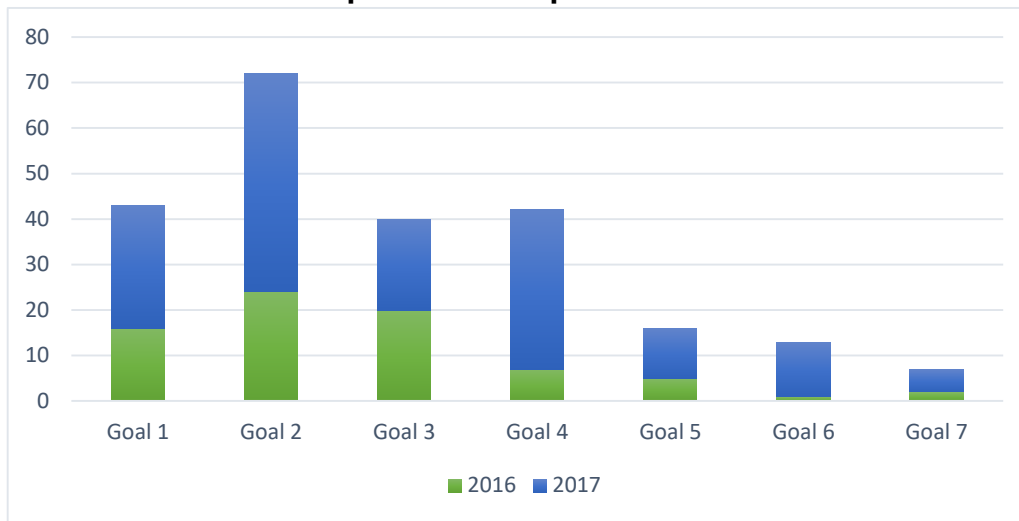


V. Two Year Implementation Assessment of the 2016-2020 Florida Suicide Prevention Plan

This year the SPCC completed a two-year implementation assessment of the Plan to assess awareness and use of the Plan; relevance of the Plan's goals; how each organization or agency's efforts map to the goals of the Plan; and identification of gaps in the Plan's goals based on each organization or agency's work. The SPCC formed a subcommittee composed of council members to complete the two-year assessment.

The Plan's ultimate goal is to decrease the number of deaths by suicide in Florida. The baseline was 2,961 deaths by suicide in 2014. A review of the number of deaths by suicide in 2015 and 2016 show that there was a 6.24% increase in deaths by suicide from 2014 to 2015 while there was a 0.95% decrease from 2015 to 2016. Graph 4 shows that there was an increase of the number of implemented activities for all goals from 2016 to 2017, except goal three, which remained the same.

Graph 4: Goal Implementation



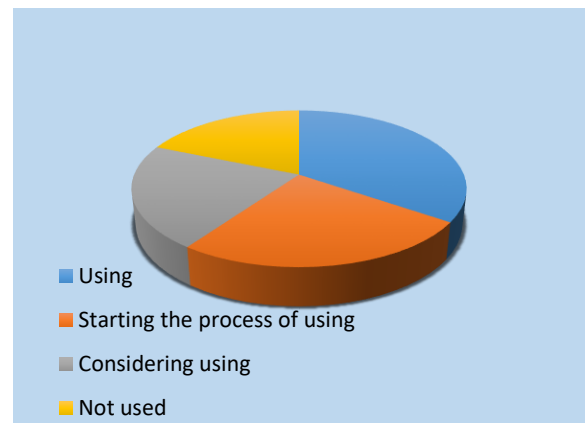
The subcommittee adapted and adjusted the instrument used by the *National Strategy for Suicide Prevention Implementation Assessment Advisory Group* to further assess the effectiveness of the Plan. The instrument was emailed to Floridian stakeholders on June 14, 2018, and the response period closed on July 19, 2018. Fifty-four responses were received and the findings are presented below.

Awareness and Use of the Plan:

Of the stakeholders who responded to the instrument, 65% were aware of the Plan while 35% were unaware. Stakeholders became aware of the Plan through training, online searches, the SPCC, upper management, seminars, community and Managing Entity meetings, Suicide Prevention Day at the Capitol, the SOSP, and workgroups.

Graph 5 shows that of the stakeholders who were aware of the Plan, 37% are already using the Plan to implement and organize suicide prevention efforts, 27% were starting the process of using the Plan, while 23% were considering using the Plan in the future, and 20% have not used the Plan.

Graph 5: Use of the Plan



Of the stakeholders who answered that they were using the Plan, 25% aligned their suicide prevention efforts with the Plan's goals, 71% cross-walked the Plan's goals against the organization's efforts to identify gaps and redundancies, and 4% were using the plan in other ways such as for training. Lastly, 86% of stakeholders have utilized or will utilize the Plan to identify gaps in the organization or program.

Relevance of the Plan's goals:

Stakeholders who were aware of and using the Plan indicated that Goal 6 received the highest priority and Goal 7 received the lowest priority. Answers to the instrument show that stakeholders prioritized the Plan's goals based on their resources, funds, and needs. One stakeholder stated that Goal 7 received the lowest priority because they use other data to guide their outcomes while another stakeholder stated that they would like to focus on Goal 7 to help plan a community strategic direction. A different stakeholder stated that Goal 3 is their lowest priority due to lack of resources and funds.

Stakeholders shared that some suicide prevention efforts are a direct result of the Plan as follows:

- Increased awareness and collaboration between providers, the Managing Entity, and law enforcement
- Implementation of a care coordination program and working closely with the Florida Linking Individuals Needing Care Coordination Program
- Implementation of policies to assess suicide risk and Baker Act
- Providing follow-up services for support
- Providing education and outreach
- Starting a local coalition
- Providing guidance to an action committee

Other efforts that were not a direct result of the Plan include:

- Providing Mental Health First Aid training to over 2,000 individuals
- Creation of a task force that incorporates child, family, and child welfare clinical departments to integrate best practices in prevention, assessment, and treatment

Identifying gaps in the Plan's goals based on each organization or agency's work:

The instrument asked if there were changes that can be made to the Plan. Stakeholders provided the following feedback:

- Create a marketing campaign for all Floridians and use public service announcements to start conversations about suicide prevention
- Add more available support and therapy services
- Focus on collaboration and the streamlining of processes
- Identify additional community resources especially in Spanish and Creole
- Provide Zero Suicide initiative resource materials

According to the survey, stakeholders would like support in the following:

- Information on updated evidence-based tools
- Assistance with building additional community supports
- Work groups that would help carry out the Plan
- A checklist of toolkits and guides to decrease time staff spend looking for information
- Assistance in finding a standardized evaluation form to identify at-risk individuals
- Assistance with risk assessments and suicide prevention data
- Basic education for individuals who have a serious mental illness and may be at risk for suicide
- Training for staff and presentations about suicide prevention
- The creation of a full time staff at the Managing Entity level to implement the Zero Suicide initiative
- The State of Florida's participation of the National Violent Death Reporting System

The SPCC will review this feedback and discuss ways to provide additional support in 2019.

VI. Efforts for Service Members, Veterans, and Their Families

In March 2017, the SOSP, along with interested stakeholders, participated in the federal Substance Abuse and Mental Health Services Administration's Service Members, Veterans, and their Families (SMVF) Technical Assistance Center's "Advancing Suicide Prevention Best Practices in SMVF Peer Support" Virtual Implementation Academy. Results from this collaboration include the creation of eight goals, the Peer Support Workgroup, and the Strategic Leadership Workgroup. In 2018, the Peer Support workgroup and other stakeholders worked on the following goals:

1. Develop an initiative for peer support for SMVF
2. Collaborate and standardize training across the state
3. Gather suicide prevention and peer resources in one, easy to access place
4. Increase interaction between voluntary, paid civilian, and SMVF peers
5. Promote outreach on a community level
6. Better understand the needs of SMVF
7. Increase use of suicide prevention and peer support best practices
8. Expand the level of peer support in communities for justice involved SMVF

The Peer Support Workgroup completed the following:

- The SOSP added resources for SMVF to the department's website and events to the online calendar
- The State Emergency Operation Center agreed to post events that focus on SMVF

- The Crisis Center of Tampa Bay provided a list of resources for SMVF in Florida that was shared via email and a link was added to the department's website
- A list of public service announcements that focus on SMVF was added to the department's website
- The workgroup reviewed the Department of Defense's national quarterly report on suicide deaths per service and component
- The workgroup discussed that the Crisis Center of Tampa Bay's phone call data can be used as a central method to collect data, such as caller information on veterans and the reasons they call

VII. Grants

Information on eight major federal grants operating in Florida to assist with suicide prevention efforts is below.

1. Florida Implementation of the National Strategy for Suicide Prevention (FINS) Project

The FINS Project is a partnership of the SOSOP, the University of Central Florida (UCF), the University of South Florida (USF), and Florida Hospital. Using a mentorship model, FINS adopted and integrated the National Strategy for Suicide Prevention. The project ensures that health and behavioral health settings as well as adult-serving systems are prepared to identify, engage, and treat at-risk adults by using culturally competent evidence based/best-practice suicide prevention, treatment, safety planning, and care coordination services. Major grant activities completed to date are summarized below:

- Began a Zero Suicide initiative at the Florida Hospital Kissimmee (FHK) pilot site. Zero Suicide is a system wide-approach to improve outcomes and close gaps using the premise that death by suicide for an individual under a health or behavioral health system is preventable. Implementation activities include:
 - Establishing a Zero Suicide Committee
 - Collecting baseline data prior to the trainings
 - Conducting four trainings
 - Training 42 professionals in mental health, non-mental health, and medical work roles
- Developed a training plan for FHK's emergency department
- Began providing the Question Persuade Refer (QPR) training that teaches individuals how to recognize the warning signs of suicide and how to question, persuade, and refer someone to help. This is also known as a gatekeeper training. Four trainings have occurred and program staff will continue to offer the training every three weeks.

- Developed a screening tool to be embedded into FHK's electronic medical record system
- Developed care pathways for individuals admitted to FHK's emergency department for suicide risk screening
- Began developing partnerships within the community
- Debuted the pilot for *LINC to Life Safety Planning* training at the Florida Behavioral Health Conference to 36 participants
- Began *LINC Care Coordination* trainings in the community
- A UCF Masters of Social Work student began interning at FHK to assist with *LINC Care Coordination*

2. Central Florida Pathways to Awareness, Support, and Services (C PASS) Project

The C PASS Project, a Now is the Time Project Aware Community Grant, is a partnership between UCF, USF, and the Florida Council for Community Mental Health (FCCMH). The grant is in its third year of implementation. This project has coordinated, strengthened, and enhanced system-wide efforts to expand Youth Mental Health First Aid (YMHFA) training, behavioral health outreach, and engagement initiatives to high-risk regions in Central Florida including Citrus, Lake, Sumter, Orange, Seminole, and Volusia counties. YMHFA is an eight-hour educational program for youth-serving adults that introduces participants to the unique risk factors and warning signs of mental health problems in adolescents. The program teaches individuals how to help an adolescent who is in crisis or experiencing a mental health challenge, including suicide.

Training and outreach efforts for the past two years of the grant have targeted frontline professionals who work with high-risk youth experiencing mental health and substance use issues and who encounter significant life stressors and adversities such as exposure to violence, abuse, neglect, poverty, and other forms of victimization. The C PASS Project has supported the training of individuals who interact with youth through programs at the community level, including child protective investigators, community mental health providers, law enforcement, school personnel, faith-based leaders, and parents. Implementation of the C PASS Project has aimed to increase mental health literacy among youth-serving adults, policy-makers, and administrators of programs serving youth. Major grant activities completed to date are summarized below:

- Provided 84 YMHFA trainings to 1,584 individuals
- Certified 10 individuals as YMHFA instructors
- Participated in 105 community events and disseminated more than 4,000 materials to promote the C PASS project, mental health awareness, and help-seeking resources

- Identified and referred 1,818 youth to mental health services, crisis services, or other supportive services

3. Florida Linking Individuals Needing Care (FL LINC) Project

The FL LINC Project, a Garret Lee Smith State/Tribal Suicide Prevention Program, is a partnership between the SOS, the FCCMH, UCF, USF, and three Managing Entities. Beginning in 2015, innovative strategies were developed to enhance services reaching at-risk priority populations. Grant activities have targeted the central, southeast, and northeast regions of the state. The goal of the grant is to increase the number of agencies, organizations, schools, and groups working together to implement suicide-prevention initiatives, in addition to improving care coordination services (follow-up care after a suicide or an attempt) to at-risk youth ages 10-24. Major grant activities completed to date are summarized below:

- Conducted 103 *Question Refer Persuade* (QPR) trainings to 1,658 individuals
- Conducted *Question Refer Persuade and Treat* (QPR-T) training to 67 professionals
- Conducted 16 *LINC Training and Care Coordination* trainings to 235 individuals
- Conducted two Step-Up trainings to 13 students
- Distributed 12,275 National Suicide Prevention Lifeline materials and 4,820 USF Family Guides at events, meetings, and trainings

4. Advancing Wellness and Resiliency in Education (AWARE)

The Department of Education's Project AWARE builds and expands the capacity of state and local educational agencies to address mental health issues among school-aged youth. The goals of the Project AWARE are to increase:

- Youth access to mental health services and supports
- Implementation of evidence-based, culturally responsive mental health practices
- Awareness of mental health issues within Florida's youth, families, schools, and communities

At the state level, partners from multiple youth-serving systems and organizations serve on a management team that provides oversight and leadership to systems that serve youth. At the local level, three Project AWARE districts are developing and implementing a multi-tiered system of mental health supports that will serve as a model statewide.

Project AWARE provides YMHFA training to school personnel and other adults who interact with school-aged youth. The YMHFA trainings focus on how to detect and respond to behavioral health issues in youth, and connect youth and families who may have behavioral health issues with appropriate services and supports. Project AWARE

has trained 68 certified YMHFA instructors, conducted 43 YMHFA trainings, and trained 519 YMHFA first aiders, at no cost to participants.

5. Noles CARE in Academics Project

Florida State University's (FSU) Noles CARE in Academics Project has enhanced existing campus suicide prevention interventions by providing more accessible resources to academic departments across the FSU campus. Noles CARE trained faculty, staff, and students within FSU's academic departments on local sources of support in the learning environment of students, and has encouraged early detection of student distress and referrals for professional help. Noles CARE incorporated specific components into the training that addresses high-risk groups, such as members of the Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) community, those identifying as racial or ethnic minority students, and student veterans. The goals of the project included:

- Assessing academic departments to determine the:
 - Needs of faculty, staff, and students in carrying out suicide prevention efforts
 - Desire to implement suicide prevention training
 - Preferences of faculty, staff, and students for receiving suicide prevention training
- Increasing the percentage of faculty and staff who feel competent in handling students' mental health concerns
- Increasing the percentage of student leaders who feel competent in intervening with distressed peers
- Increasing the perceived efficacy and comfort of students with talking to faculty and peers about getting help with their mental health concerns
- Utilizing a multidisciplinary leadership network to integrate suicide prevention training with other mental health initiatives on campus to increase student support for mental health within academic departments

The Noles CARE award ended September 29, 2018. Over the course of the grant, staff trained 1,933 individuals on suicide prevention and gave a program overview to 1,019 individuals.

6. Healthy Knights 2020 Project

The UCF Healthy Knights 2020 initiative promotes a campus-wide environment supportive of the development and maintenance of a healthy body, mind, and spirit to decrease the occurrence of mental health issues that lead to suicide. Currently, the UCF campus has several options for students to receive health, mental health, and behavioral health services.

The goals of the project include:

- Developing a crisis response plan that encompasses not only the UCF campus community, but the greater Orlando community, which includes linkage to the National Suicide Prevention Lifeline
- Increasing awareness of suicide risk factors such as depression and substance use, the warning signs, prevention strategies, and resources for high risk populations such as LGBTQ, students with co-occurring substance use and mental health issues, and student veterans through gatekeeper trainings
- Providing information on suicide prevention, identification, and reduction of risk factors, such as depression and substance abuse, promoting help seeking, and reducing the negative attitudes towards seeking care for mental health and substance use disorders
- Creating brochures and public service announcements specific to UCF and its community to help increase the awareness of suicide prevention
- Becoming a member of the Campus Program available through the Jed Foundation

7. College of Central Florida Suicide Prevention Initiative

The College of Central Florida (CF) Suicide Prevention Initiative project began in 2016 and focuses on systematic and cultural changes that will result in better identification of and help seeking for students at risk of suicide. Target populations include, but are not limited to, LGBTQ individuals, Native Americans and Native Alaskans, military family members, and veterans. CF's project will serve Marion, Citrus, and Levy counties in North Central Florida. The overarching goal of the project is to prevent suicide among students attending CF and their family members.

The objectives of this project are to:

- Develop a college advisory committee that will assist and advise in the creation of a campus-wide response protocol to manage the acutely distressed or suicidal student
- Increase the amount of training to CF students, faculty, and staff on suicide prevention and mental health awareness
- Increase collaboration among CF, Bay Care Behavioral Health Center, National Alliance on Mental Illness (NAMI), and other community partners to convey the message that suicide prevention is a community responsibility
- Increase the promotion of the National Suicide Prevention Lifeline

- Present educational seminars and informational materials to CF students, faculty, staff, and family members on suicide prevention, identification, and reduction of risk factors such as depression and substance use or abuse
- Increase help seeking among CF students and reduce the stigma attached for seeking help for mental and behavioral health issues among students

8. Project ECHO

The grant for Miami Dade College’s Project ECHO (Engagement, Connection, Help-seeking, Outreach) began in September 2018. ECHO will create an infrastructure that assists Miami Dade College’s eight campuses with suicide prevention and mental health awareness. ECHO will provide training, screening, and outreach to increase the help-seeking behavior of 165,000 students. ECHO will increase campus knowledge on suicide prevention and reduce stigma surrounding suicide and help seeking among a highly diverse student population.

The objectives for this project include:

- Developing a comprehensive help network using three memorandums of understanding with community providers
- Conducting QPR training for a minimum of 200 core college students, faculty, and staff
- Hosting a minimum of eight “I Screen, You Screen” screening events
- Hosting one or more real talk outreach events for a minimum of 15,000 students

VIII. Council Recommendations

The SPCC makes three recommendations to decrease deaths by suicide in Florida and to assist with the Plan’s efforts. The three recommendations are presented below.

1. Expand the Capacity of the Statewide Office for Suicide Prevention

Expansion of the SOSPP will enhance partnerships with local communities and key stakeholders and support the effective implementation of Florida’s Suicide Prevention Plan. Expansion will improve strategic planning efforts with communities in order to reduce suicide at the local level. Accomplishing this requires additional resources, as well as additional staff. Expansion of the SOSPP by at least one full-time Suicide Prevention Specialist, and program operations funding, would increase the office’s ability to support and collaborate with the SPCC, local suicide prevention coalitions, and key stakeholders to better align suicide prevention efforts and reduce suicide in Florida.

2. Support and become involved with the National Violent Death Reporting System

The National Violent Death Reporting System (NVDRS) is the only state-based reporting system that collects and categorizes data on violent deaths from state and local medical examiner, coroner, law enforcement, toxicology, and vital statistics records into an anonymous database. The NVDRS covers all types of violent deaths, including homicides and suicides, in all settings, and for all age groups. The NVDRS may include data on mental health problems, recent problems with employment, finances, or relationships, physical health problems, and information about circumstances of death. Participation in the NVDRS will allow Florida the ability to design and implement suicide prevention and intervention efforts based on these data.

The Department of Health (DOH) submitted the grant application for Florida to access the NVDRS on August 7, 2018 and received the award notification in September. DOH will outsource the grant to a university via a competitive bid process. DOH's Division of Community Health Services will take the lead on working with the university and subsequent stakeholder workgroups. The SPCC recommends that SPCC members be actively involved with NVDRS' stakeholder workgroup and for the NVDRS to be statutorily mandated and funded beyond the life of the grant award. One example of a state that included NVDRS into its revised code language is Ohio (see [Chapter 3701.01, Section 3701.93, Ohio Revised Code](#)).

3. Fund School Suicide Prevention Training

The SPCC extends its recommendation that the Legislature appropriate funding for implementation of s. 1012.583, F.S., which directs the Department of Education to develop a list of approved youth suicide awareness and prevention training materials that may be used for training in youth suicide awareness and prevention for instructional personnel. This legislation was passed in 2016 through HB7029 without funding for training. The funding could be used to support implementation of s. 1012.583, F.S., by providing train-the-trainer trainings and materials for youth suicide awareness and prevention trainings approved by the Florida Department of Education. This request supports goal one of the Plan, which is to increase suicide prevention activities across multiple sectors and settings, and goal two, which is to increase public knowledge of the factors that offer protection from suicidal behaviors, and promote wellness and recovery.

APPENDIX 1: 2018 SUICIDE PREVENTION ACTIVITIES

Goal 1: Integrate and coordinate suicide prevention activities across multiple sectors and settings

| Date | Event | # Individuals |
|-----------------------------|--|---------------|
| Northwest Region | | |
| 2017-2018 school year | CDAC Behavioral Healthcare worked with schools to create a plan to address suicidal ideation in the classroom and presented the plan to teachers | - |
| 2/21 | Lakeview Center, Inc. provided <i>Crisis Intervention Training (CIT)</i> to law enforcement and community stakeholders | 23 |
| 4th Thursday of the month | Lakeview Center, Inc. attended the monthly CIT stakeholders meeting | 100 |
| 2/21 | Florida Suicide Prevention Coalition, SOSOP, SPCC, and the American Foundation for Suicide Prevention coordinated Suicide Prevention Day at the Capitol | 42 |
| 5/2 & 6/6 | CDAC Behavioral Healthcare attended the Suicide Prevention Coalition meeting | 16 |
| Northeast Region | | |
| Monthly | Stewart-Marchman-Act Behavioral Healthcare used a Suicide Risk Environmental Audit Tool | 49 |
| 4/21 | St. Augustine Youth Services held <i>Party for Prevention</i> event to promote awareness of mental health issues, child abuse, and suicide prevention | 100 |
| 2/27 | LifeStream Behavioral Center held <i>Empowering Protection and Connection</i> a speaker and resource fair where clinicians provided onsite support | 100 |
| As needed | Clay Behavioral Health Center, Inc. provided support to at risk individuals after critical incidents at school | - |
| 1/20 | Clay Behavioral Health Center, Inc. provided training on at-risk behaviors of youth to Clay County Law enforcement and emergency responders | 20 |
| Weekly and monthly | NAMI Gainesville held Connection Support Group and Family Support Group | - |
| Ongoing | Clay Behavioral Health Center, Inc. distributed <i>National Suicide Prevention Lifeline</i> information cards | - |
| Central Region | | |
| 2/14 | Magellan Complete Care attended the Suicide Prevention Task Force Meeting | 14 |
| 4/11 | Magellan Complete Care attended <i>Art of Happiness</i> event | 600 |
| 4/14 | Magellan Complete Care attended <i>To Write Love on Her Arms Run For It 5k Walk</i> | 650 |
| 4/28 | Magellan Complete Care attended the <i>NAMI Walk of Greater Orlando</i> | 1000 |
| 1/22 | BayCare Health Systems attended the Health Services Advisory Committee meeting | 10 |
| 1/11, 2/8, 3/8, 4/12 & 6/14 | BayCare Health Systems attended the Hernando County Alliance and Baker Act meeting | 85 |
| 2/8 & 4/12 | BayCare Health Systems attended the Hernando County Baker Act Subcommittee meeting | 30 |
| Suncoast Region | | |
| 1/1 | Personal Enrichment through Mental Health Services, Inc. attended the initial meeting for the <i>Zero Suicide</i> initiative and discussed the Memorandum of Understanding for collaboration | 10 |

Goal 1: Integrate and coordinate suicide prevention activities across multiple sectors and settings

| Date | Event | # Individuals |
|-------------------------|--|----------------------|
| 1/31 | Crisis Center of Tampa Bay attended the Suicide Prevention Task Force monthly event | 20 |
| 2/7 | University of South Florida presented <i>Campus Connect: Gatekeeper Training for Suicide Prevention</i> | 25 |
| 1/1-5/30 | David Lawrence Mental Health Center, Inc. initiated Mental Health Intervention Team in collaboration with Collier County Sheriff's Office to address the needs of high risk individuals in the community | 52 |
| Southeast Region | | |
| 5/19 | Magellan Complete Care attended the Florida Initiative for Suicide Prevention's <i>Hugs for Hope 5K Walk</i> | 300 |
| 5/22 | Magellan Complete Care attended <i>My Life</i> event during mental health month | 11 |
| 6/28-6/29 | Crisis Center of Tampa Bay attended the <i>Commissioner Murman's Challenge</i> in Tampa to focus on SMVF and create a strategic plan for suicide prevention | 35 |
| Southern Region | | |
| 6/12 | NAMI Miami-Dade County, Inc. presented a <i>Suicide Prevention Project</i> presentation | 50 |
| 1/29 | Citrus Health Network, Inc. conducted Hazard Vulnerability Analyses at inpatient/residential behavioral health sites | - |

Goal 2: Increase public knowledge of the factors that offer protection from suicidal behaviors and promote wellness and recovery

| Date | Event | # Individuals |
|-------------------------|---|----------------------|
| Northwest Region | | |
| 1/25 | Capital Regional Medical Center hosted a suicide prevention discussion with guest speaker Clark Flatt, President of the Jason Foundation | 430 |
| 1/1 | SOSP wrote the <i>Suicide Prevention Day</i> proclamation and the <i>Suicide Prevention Week</i> proclamation | - |
| 2/19-20 | SOSP attended and presented at the <i>Taking Action for Suicide Prevention</i> mini-Conference | - |
| 2/19, 2/20 & 2/21 | SOSP and the Office of Adoption and Child Protection presented the Suicide Prevention Day Proclamation signed by the Governor | - |
| 6/8 | Cope staff was interviewed by News Channel 7 WJHG | - |
| 2/22 | Life Management Center attended Career Day at a high school and provided information on suicide prevention | 200 |
| 2/28 | Lakeview Center, Inc. presented <i>Population Management</i> and included suicide intervention at the Mental Health Corporations of America Annual Conference | 100 |
| 3/7 | Life Management Center attended <i>Community Awareness Day</i> at Gulf Coast State College | 50 |
| 4/11 | Life Management Center attended and spoke at the <i>Mental Health Awareness Day</i> at Chipola State College | 100 |
| 5/25 | Life Management Center spoke to a grief and loss group about mental health | 10 |

Goal 2: Increase public knowledge of the factors that offer protection from suicidal behaviors and promote wellness and recovery

| Date | Event | # Individuals |
|-------------------------|--|----------------------|
| 2017-2018 school year | CDAC Behavioral Healthcare provided suicide prevention information to schools and ways to refer students to the Education and Counseling for High School Opportunities program. Also participated in school crisis teams and provided education about the warning signs to faculty | - |
| 6/21 | SOSP presented <i>Suicide Prevention in Florida</i> | 19 |
| 5/11 | Life Management of Northwest Florida held the <i>Walk for Mental Health Awareness Month</i> event | 50 |
| 6/13 | Lakeview Center, Inc. discussed suicide on local T.V. (WEAR-3) | - |
| 6/13 | Lakeview Center, Inc. discussed suicide and violence on local radio (WCOA1370 am) | - |
| 6/18 | Lakeview Center, Inc. wrote about suicide awareness and prevention on the agency newsletter titled <i>Focus Briefs</i> | - |
| Ongoing | Lakeview Center, Inc. added the <i>Crisis Text Line</i> on the organization's website (just text 741741) | - |
| Northeast Region | | |
| As needed | Clay Behavioral Health Center, Inc. provided training on suicide prevention to church youth groups | 15 |
| 1/24 | Stewart-Marchman-Act Behavioral Healthcare participated in <i>Behavioral Health Day</i> at the Capitol | 60 |
| January 2018 | Lutheran Services Florida Health Systems promoted the <i>Question, Persuade and Refer</i> (QPR) training | - |
| Weekly | Lutheran Services Florida Health Systems distributed via email suicide prevention news links and newsletters and videos available on the Suicide Prevention Resource Center website | - |
| Central Region | | |
| 4/24 | Central Florida Cares Health System met with a local hospital, law enforcement, and local court to discuss community prevention efforts | 16 |
| 4/28 | Central Florida Cares Health System provided mental health, substance abuse, & suicide prevention resources at the <i>2018 NAMI Walk</i> | 100 |
| 5/16 | St. Petersburg College Regional Community Policing Institute held an <i>In Harm's Way</i> law enforcement suicide prevention training | 60 |
| 6/12, 6/13, 6/19 & 6/20 | BayCare Health Systems attended <i>Roll Call</i> with local law enforcement | 80 |
| 5/4 & 6/1 | BayCare Health Systems attended a meeting with local law enforcement | 16 |
| Weekly | BayCare Health Systems attended the Baker Act Resource Team calls | 72 |
| Suncoast Region | | |
| 2/20 & 4/23 | St. Petersburg College Regional Community Policing Institute held an <i>In Harm's Way</i> law enforcement suicide prevention training | 83 |
| 6/1 | Crisis Center of Tampa Bay presented at the AIRS National Conference – <i>On Time, On Target: Working with Veteran Peers - Addressing the needs of veterans peers working with transitioning veterans and their families</i> | 70 |
| 6/1 | SPCC co-authored an article that focuses on suicide prevention and law enforcement and will be published by the Florida Sheriffs Association | - |
| 6/18 & 7/23 | David Lawrence Mental Health Center, Inc. discussed teen suicide on a morning radio talk on B103.9 | - |

Goal 2: Increase public knowledge of the factors that offer protection from suicidal behaviors and promote wellness and recovery

| Date | Event | # Individuals |
|--|--|---------------|
| Southeast Region | | |
| 3/1 | Magellan Complete Care held an informational table at the <i>St. Lucie County Fair</i> | 10 |
| 5/10 | Magellan Complete Care held a table at a mental health awareness event in St. Lucie | 10 |
| 6/7 & 6/21 | Magellan Complete Care distributed mental health resources at the Florida Community Health Center in Fort Pierce | 65 |
| Southern Region | | |
| 3/16, 4/18, 6/8, 6/10, 6/15, 6/20 & 6/23 | Monroe County Coalition, Inc. posted messages that focused on suicide prevention and crisis line numbers on Facebook | 4,660 |
| 3/3 | Monroe County Coalition, Inc. attended Mariner's Hospital <i>Community Family Wellness Fair</i> | 170 |
| 3/4 | Monroe County Coalition, Inc. attended <i>Key Colony Beach Day</i> | 430 |
| 6/9 | Monroe County Coalition, Inc. attended <i>Pride Fest Community Level</i> event | 200 |

Goal 3: Implement and monitor effective evidence-based programs to promote wellness and prevent suicide-related behaviors

| Date | Event | # Individuals |
|---------------------------------------|--|---------------|
| Northwest Region | | |
| Ongoing | Lakeview Center, Inc. implemented the <i>Suicide Assessment Five-step Evaluation and Triage (SAFE-T)</i> protocol | 300 |
| Ongoing | Lakeview Center, Inc. integrated the high risk suicide/homicide alert system into electronic medical record system to alert and facilitate coordination of high risk individuals | - |
| Northeast Region | | |
| Biweekly | Stewart-Marchman-Act Behavioral Healthcare facilitated <i>QPR</i> | 101 |
| As needed | Stewart-Marchman-Act Behavioral Healthcare facilitated <i>Question, Persuade, Refer, Treat (QPR-T)</i> suicide risk assessment | 8 |
| 1 st Monday of every month | LifeStream Behavioral Center facilitated <i>QPR</i> and <i>Zero Suicide</i> as part of new hire orientation training | 25 |
| Yearly | Lutheran Services Florida Health Systems monitored, introduced and strengthened evidence-based programs across provider network through on-site technical assistance | 48 |
| 5/8 & 5/23 | NAMI Gainesville implemented <i>Family to Family</i> program and <i>Ending the Silence</i> curriculum | - |
| 1/1 | Lutheran Services Florida Health Systems collaborated with FL LINC's Care Coordination pilot program and provided the training to two providers | 40 |
| Central Region | | |
| None reported | | |
| Suncoast Region | | |
| 2/8 (several days) | Crisis Center of Tampa Bay facilitated small group trainings on suicide prevention | 125 |
| Southeast Region | | |
| None reported | | |

Goal 3: Implement and monitor effective evidence-based programs to promote wellness and prevent suicide-related behaviors

| Date | Event | # Individuals |
|------------------------|--|---------------|
| Southern Region | | |
| 1/1 | Care Resource Community Health Center trained behavioral health clinicians and implemented evidenced based interventions such as Dialectical Behavior Therapy, Eye Movement Desensitization and Reprocessing, Motivational Interviewing, and Cognitive Behavioral Therapy to individuals who are high risk for suicide | 15 |

Goal 4: Provide training on the prevention of suicide and related behaviors to community and clinical service providers

| Date | Event | # Individuals |
|------------------------------------|--|---------------|
| Northwest Region | | |
| Ongoing | CDAC Behavioral Healthcare completed <i>Assessing Suicide Risk</i> , a web-based training | 10 |
| 2/20 & 2/21 | Florida Suicide Prevention Coalition coordinated the <i>Florida Taking Action for Suicide Prevention</i> mini-conference | 42 |
| 4/12 | CDAC Behavioral Healthcare provided <i>Mental Health First Aid</i> training for adults | 26 |
| 1/13, 2/1, 2/24, 3/8 | Bridgeway Center, Inc. provided <i>Mental Health First Aid</i> training for adults | 60 |
| 1/23, & 2/3 | Bridgeway Center, Inc. Provided <i>Mental Health First Aid</i> training for youth | 10 |
| 1/16, 1/25, 2/8, & 2/9, | CDAC Behavioral Healthcare presented and held an activity on bullying prevention | 837 |
| 5/18 | Apalachee Center Inc. provided <i>Mental Health First Aid</i> training | 8 |
| 5/26 | CDAC Behavioral Healthcare provided <i>Mental Health First Aid</i> training for adults | 6 |
| 1/11, 2/16, 4/19, 5/8, 5/23 & 6/14 | Life Management of Northwest Florida provided <i>Mental Health First Aid</i> training for adults | 90 |
| 3/30 & 6/7 | Life Management of Northwest Florida provided <i>Mental Health First Aid</i> training for youth | 33 |
| Northeast Region | | |
| 5/18 | Stewart-Marchman-Act Behavioral Healthcare held <i>Who is Jay? Mental Health Symposium</i> | 200 |
| Monthly | Stewart-Marchman-Act Behavioral Healthcare provided the <i>Crisis Intervention Training (CIT)</i> | 180 |
| 5/17 | St. Augustine Youth Services participated in <i>Fighting Mental Health Stigma</i> forum with Revive Ministries | 8 |
| 4/18 | St. Augustine Youth Services trained Transitional Life COACHES staff in Baker Act procedures and suicide warning signs | 4 |
| 1/2 | Lutheran Services Florida Health Systems provided <i>QPR</i> training | 73 |
| 6/18 | Lutheran Services Florida Health Systems conducted two week trainings for recovery peers seeking Florida certification | 50 |
| Yearly | Lutheran Services Florida Health Systems conducted trainings for <i>Crisis Intervention, SBIRT, and Mental Health First Aid</i> trainings for youth and adults | 800 |
| Central Region | | |
| 1/15 | Central Florida Cares Health System provided <i>CIT</i> | 21 |
| 2/13, 2/20, & 3/30 | Central Florida Cares Health System facilitated <i>QPR</i> | 64 |

Goal 4: Provide training on the prevention of suicide and related behaviors to community and clinical service providers

| Date | Event | # Individuals |
|----------------------------------|--|---------------|
| 1/18, 3/9, 4/17, 5/4, 6/14, 6/27 | Hispanic Family Counseling, Inc. provided <i>Mental Health First Aid</i> training for youth in English and Spanish | 87 |
| 5/11 & 6/29 | Hispanic Family Counseling, Inc. provided <i>SafeTALK</i> training | 36 |
| 2/15, 4/26, 5/17 & 6/7 | BayCare Health Systems provided <i>Mental Health First Aid</i> training | 43 |
| Suncoast Region | | |
| 4/9 | Crisis Center of Tampa Bay provided suicide prevention training at Grace Family Church | 11 |
| 4/12-4/13 | Crisis Center of Tampa Bay provided <i>ASIST</i> training | 24 |
| 4/17 | Crisis Center of Tampa Bay attended the American Association of Suicidology Conference | 2 |
| 5/16 | University of South Florida presented <i>Adolescent Suicide Prevention</i> at Speak Up for Kids | 35 |
| 6/13 | Crisis Center of Tampa Bay presented at the Florida Council Against Sexual Violence Biennial Training Conference | 15 |
| Ongoing/Multiple dates | David Lawrence Mental Health Center, Inc. facilitated <i>Crisis Intervention Training</i> for law enforcement, corrections officers and certain civilian positions | 85 |
| January-June | David Lawrence Mental Health Center, Inc. provided <i>Mental Health First Aid</i> training | 31 |
| January-June | David Lawrence Mental Health Center, Inc.'s staff took online training including: <i>Suicide Risk Factors, Screening and Assessment, Adolescent Suicide, Community-Based Suicide Prevention, Suicide Screening for Direct Care Providers</i> | 29 |
| Southeast Region | | |
| None reported | | |
| Southern Region | | |
| 3/1 | Hope for Miami provided <i>Mental Health First Aid</i> training for youth | 3 |
| 3/24 | Better Way of Miami, Inc. provided suicide awareness and prevention training | 48 |
| Ongoing | NAMI Miami-Dade County, Inc. presented trainings to <i>Ending the Silence</i> presenters | - |
| 6/20 | NAMI Miami-Dade County, Inc. presented <i>Signs and Symptoms of Mental Health Challenges</i> | 20 |
| Multiple dates | Citrus Health Network, Inc. had individuals certified to use the <i>Columbia Suicide Severity Rating Scale</i> | 139 |

Goal 5: Promote suicide prevention as a core component of health care services

| Date | Event | # Individuals |
|-------------------------|--|---------------|
| Northwest Region | | |
| None reported | | |
| Northeast Region | | |
| Monthly or every visit | Stewart-Marchman-Act Behavioral Healthcare utilized the <i>Columbia Suicide Severity Rating Scale</i> | 10,000 |
| Weekly | Clay Behavioral Health Center, Inc. partnered with Clay County Department of Health for suicide prevention outreach at the Teen Clinic | 30 |

Goal 5: Promote suicide prevention as a core component of health care services

| Date | Event | # Individuals |
|-------------------------|--|----------------------|
| Ongoing | Clay Behavioral Health Center, Inc. provided suicide prevention education and information to integrated health individuals | - |
| 1/1 | Lutheran Services Florida Health Systems shared best practices of <i>Suicide Risk Triage</i> and wellness safety plans with providers | 2 |
| 1/1 | Lutheran Services Florida Health Systems provided remote and on-site technical assistance to providers after identifying best practice needs and review of suicide deaths charts | - |
| 1/1 | Lutheran Services Florida Health Systems distributed survivor loss resources to provider staff after critical incidents | 1 |
| 2/1 | Lutheran Services Florida Health Systems attended prevention coalition meetings, Department of Juvenile Justice, behavioral health advisory councils and assisted Hernando and Lake County communities in developing a Facebook page for Family Support titled <i>It Takes a Village</i> | 695 |
| Central Region | | |
| 2/9 | Magellan Complete Care hosted the <i>13th Annual Florida Initiative for Suicide Prevention Awards Gala</i> | 300 |
| 2/7 | Central Florida Cares Health System held a lunch and learn on evidence based trainings for trauma & suicide | 46 |
| 5/2 | Central Florida Cares Health System held a lunch & learn on Cognitive Behavior Therapy for depression, anxiety, and suicide | 53 |
| Suncoast Region | | |
| 2/22 | Personal Enrichment through Mental Health Services, Inc. reviewed the <i>Zero Suicide</i> initiative surveys | 15 |
| Monthly | Florida Suicide Prevention Coalition distributed the monthly newsletter | 250 |
| Southeast Region | | |
| | None reported | |
| Southern Region | | |
| January to June 2018 | Hope for Miami completed level 2 case management and assessment of youth | 30 |
| 6/29 | Concept Health Systems provided suicide prevention training | 12 |
| 3/1 | Citrus Health Network, Inc. utilized the <i>Outpatient Behavioral Health Safety Plan</i> for individuals identified as medium or high risk for suicide | - |

Goal 6: Promote and implement effective clinical and professional practices for assessing and treating those identified as being at-risk for suicidal behaviors

| Date | Event | # Individuals |
|-------------------------|---|----------------------|
| Northwest Region | | |
| Ongoing | CDAC Behavioral Healthcare implemented <i>SAFE-T</i> | - |
| 1/2 | Apalachee Center Inc. reviewed the suicide risk assessment and protocol processes | 10 |
| Northeast Region | | |
| Ongoing | St. Augustine Youth Services provided out-patient resources to youth and families and made referrals for additional assessments | 16 |
| 4/23 | St. Augustine Youth Services participated in the 3-day state wide <i>Hi Fidelity Wraparound</i> training for the COACHES program and the Targeted Case Management program | 7 |
| Continuous | LifeStream Behavioral Center implemented FL LINC and Care Coordination Services | - |
| Central Region | | |

Goal 6: Promote and implement effective clinical and professional practices for assessing and treating those identified as being at-risk for suicidal behaviors

| Date | Event | # Individuals |
|-------------------------|---|---------------|
| Continuous | Hispanic Family Counseling, Inc. utilized the PHQ-9 | 300 |
| 2/27 | Central Florida Cares Health System earned the QPR-T certification | 6 |
| Suncoast Region | | |
| 3/27 | University of South Florida presented <i>Suicide Prevention – From Awareness to Action: What to Look for, What to Do, and How to Help</i> | 35 |
| Southeast Region | | |
| None reported | | |
| Southern Region | | |
| 1/1 | Care Resource Community Health Center utilized the PHQ-9 and the <i>Patient Health Questionnaire 2 (PHQ-2)</i> | - |
| 3/21 | Volunteers of America of Florida, Inc. implemented the <i>SafeTALK</i> training | 35 |
| 4/23 | Monroe County Coalition, Inc. attended the <i>SafeTALK</i> training | 1 |
| 3/1 | Citrus Health Network, Inc. utilized the <i>Columbia Suicide Severity Rating Scale</i> | - |
| Ongoing | Citrus Health Network, Inc. utilized the PHQ-9 and PHQ-2 | - |
| 1/29 | Citrus Health Network, Inc. held a policy meeting to discuss risk assessment procedures | - |
| 3/8 | Citrus Health Network, Inc. held an adult case management suicide risk assessment policy meeting | - |
| 4/4 | Agape Network held an outpatient staff meeting | 51 |

Goal 7: Increase the usefulness of national and state level surveillance data to inform suicide prevention efforts

| Date | Event | # Individuals |
|-------------------------|---|---------------|
| Northwest Region | | |
| 2/19 | The Florida Department of Health's Health Violence and Injury Prevention Program participated and presented at the Florida Suicide Prevention Conference | 3 |
| 5/1 | The Florida Department of Health's Health Violence and Injury Prevention Program participated in a national project for collection of youth suicide data, and lay foundational groundwork for improving partnerships to address risk factors for suicide through the Child Safety Collaboration, Innovation and Improvement Network | 10 |
| 5/7 | The Florida Department of Health attended the National Violent Death Reporting System reverse site visit | 3 |
| Northeast Region | | |
| Various dates | St. Augustine Youth Services participated in the development of development of the <i>2017 Community Health Assessment and 2018-2020 Community Health Improvement Plan for St. Johns County</i> | - |
| 6/1 | Lutheran Services Florida Health Systems wrote a grant proposal utilizing Florida Department of Health suicide death data for Clay County. Surveillance data demonstrated need for mental health and suicide prevention for veterans, transition-aged youth and young adults. | - |
| Central Region | | |
| None Reported | | |
| Suncoast Region | | |

Goal 7: Increase the usefulness of national and state level surveillance data to inform suicide prevention efforts

| Date | Event | # Individuals |
|-------------------------|--|---------------|
| 1/1 | Crisis Center of Tampa Bay handled 3,142 calls routed from the <i>National Suicide Prevention Lifeline</i> | 3,142 |
| Southeast Region | | |
| None Reported | | |
| Southern Region | | |
| None reported | | |

APPENDIX 2: PLANNED ACTIVITIES FOR JULY 2018-FEBRUARY 2019

| Organization | Activity | Date | |
|--|--|---|-----------------------|
| SOSP and SPCC | Write the Suicide Prevention Day proclamation | 2019 | |
| | Chair SPCC quarterly meetings | 2018 & 2019 | |
| | Update the website calendar of events | 2018 & 2019 | |
| Centerstone of Florida, Inc. | Host <i>Centerstone's Life: Story Dinner</i> | 9/21/2018 | |
| | Host Centerstone's Life: Story 5K/10K Run and Walk | 9/22/2018 | |
| The American Foundation for Suicide Prevention | Coordinate <i>Out of the Darkness Walk</i> in Martin County, Charlotte County, Pensacola, Palm Beach, Highlands County, Miami-Dade County, Palatka, St. Petersburg, Panama City Beach, Pasco County, Sarasota County, Ocala, Treasure Coast, Brevard County, Emerald Coast, Broward County, St. Augustine, Jacksonville, Monroe County, Tampa Bay, Naples, and Orlando | September 15, 22, 29 October 6, 7, 20, 27, 28 November 11, 17 December 1, 2, 8, 9, 2 | |
| | NAMI Palm Beach | Coordinate the <i>NAMI Walk</i> in Palm Beach County | 10/27/2018 |
| | Hispanic Family Counseling, Inc. | Provide <i>Youth Mental Health First Aid</i> training | 7/26/2018 & 8/24/2018 |
| | | Have a table at the <i>Out of the Darkness Walk</i> in Melbourne | 11/3/2018 |
| Present <i>Talk Saves Lives</i> at the Mexican Consulate | | Continuous | |
| Provide a suicide prevention presentation | | 9/10/2018 | |
| Personal Enrichment through Mental Health Services, Inc. | Have the <i>Suicide Awareness/Prevention Training</i> at the St. Thomas Episcopal Church | 7/6/2018 | |
| | Provide <i>Applied Suicide Intervention Skills Training (ASIST)</i> | 8/16-8/17 | |
| Crisis Center of Tapa Bay | Provide <i>ASIST</i> Training | 7/2, 7/23, 8/30, and 9/4 | |
| | Provide suicide screen & risk assessment training using the Columbia Suicide Severity Rating Scale (C-SSRS) | 7/16/2018 | |
| David Lawrence Mental Health Center, Inc. | Official transition to using the C-SSRS tool agency-wide | 9/3/2018 | |
| | Provide <i>Mental Health First Aid</i> training | 9/21/2018 | |
| | Provide <i>Crisis Intervention Training</i> for law enforcement | 9/28/2018 | |
| | Partner with Collier County Public Schools and Collier County Sheriff's Office to develop suicide prevention training for all educational providers | 2018-2019 School year | |
| | Await for response to become a suicide prevention hotline site | Pending review | |
| Central Florida Cares Health System | Attend the <i>Florida Linking Individuals Needing Care Annual Zero Suicide Meeting</i> at the Florida Behavioral Health Conference | 8/16/2018 | |
| | Host a lunch & learn that will focus on crisis counseling | 10/3/2018 | |
| | Provide <i>QPR</i> trainings | 2018-2019 | |
| CDAC Behavioral Healthcare, Inc. | Implement <i>Signs of Suicide Prevention Program</i> in high schools | 2018-2019 | |
| | Implement the <i>Self-Injury Prevention Program</i> to students | 2018-2019 | |
| | Implement the <i>Second Acknowledge, Care, Treatment (ACT) Program</i> to reinforce learning about the signs of depression and suicide to high school students | 2018-2019 | |
| | Complete <i>Assessing Suicide Risk</i> , a web-based training | Ongoing | |

| | | |
|---|--|-----------------------------------|
| | Provide <i>Mental Health First Aid</i> for Adults to faith-based community and staff as needed | 8/4/2018 & 9/7/2018 |
| | Provide bullying prevention educational presentations to schools in Escambia and Santa Rosa counties | 2018-2019 school year |
| | Attend the <i>Suicide Prevention Coalition</i> meetings | 7/11/2018 and as scheduled |
| Life Management Center of Northwest Florida | Provide <i>Mental Health First Aid</i> training | 7/28/2018, 8/14/2018 & 11/16/2018 |
| | Attend the <i>Annual Suicide Survivors Candlelight Vigil</i> | 11/17/2018 |
| | Host the <i>Annual Suicide Prevention Conference</i> | To be determined |
| | Attend the <i>Bridge of Hope Suicide Prevention Walk</i> | 9/8/2018 |
| | Co-host the <i>Suicide the Ripple Effect Movie Screening</i> | To be determined |
| Lakeview Center, Inc. | Sponsor the <i>Recovery and Trauma informed Conference</i> that will include a focus on suicide prevention and community coordination | 10/8/2018 |
| | Be available to local news media outlets for presentations and discussions as requested | Ongoing |
| Bridgeway Center, Inc. | Provide <i>Mental Health First Aid</i> trainings | Ongoing |
| Apalachee Center Inc. | Provide <i>Mental Health First Aid</i> training | 8/1/2018 |
| | Become a certified instructor to provide <i>Mental Health First Aid</i> training for youth | 9/10/2018 |
| Florida Department of Health | Submit the National Violent Death Reporting System (NVDRS) application and partner with a university | 8/8/2018 |
| | Offer the Capital Circle Office Complex's Betty Easley Center as a potential host site for the <i>2019 Florida Suicide Prevention Conference</i> . | To be determined |
| | Promote suicide prevention and intervention related webinars on the <i>Florida Department of Health Employee Portal (TRAIN)</i> | Ongoing |
| Florida sheriffs Association | Publish an article that focuses on suicide prevention in law enforcement | 9/1/2018 |
| Florida Suicide Prevention Coalition | Sponsor <i>Centerstone's 16th Annual Live:Story 5K/10K Walk and Run</i> | 9/22/2018 |
| | Have a table at <i>MindFest</i> . MindFest celebrates everything about mental health and wellness | 10/6/2018 |
| | Coordinate the <i>2019 Suicide Prevention Day at the Capitol</i> | 2/21/2019 |
| | Coordinate <i>Florida Taking Action for Suicide Prevention</i> mini-conference | 2/19/2019 & 2/20/2019 |
| Better Way of Miami, Inc. | Provide suicide awareness and prevention training | 9/1/2018 & 3/1/2019 |
| Volunteers of America of Florida, Inc. | Implement <i>SafeTALK</i> | 9/7/2018 |
| | Implement <i>Suicide Prevention by Cenpatico</i> (Sunshine Health) | 10/26/2018 |
| | Attend the <i>Post Traumatic Stress Disorder and Suicide Prevention Veterans</i> event | 11/19/2018 |
| Hope for Miami | Deliver the <i>Signs of Suicide</i> workshop to middle and high school students through a signed agreement with Sandy Hook Promise | Fall 2018 |
| | Provide <i>Mental Health First Aid</i> training for youth to new staff | Fall 2018 |
| | Provide level II case management and assessment to youth | Fall 2018 |

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| NAMI Miami-Dade County, Inc. | Speak at the <i>Suicide Prevention and Mental Health</i> event | 9/25/2018 |
| | Implement <i>Ending the Silence</i> | 9/12/2018 & as needed |
| Monroe County Coalition, Inc. | Present county suicide rates and the University of Miami suicide report for Monroe County during the Coalition Meeting | 7/17/2018 |
| | Include the <i>Suicide Prevention Lifeline</i> number in newsletter | 12/31/2018 |
| | Post suicide prevention Facebook messages | 12/31/2018 |
| | Train staff on <i>SafeTALK Train the Trainer</i> | 12/31/2018 |
| | Provide community level event education and awareness | Ongoing |
| Care Resource Community Health Center | Train staff on prevention of suicide, ways to speak with individuals who call, and appropriate referral processes | 7/1/2018 |
| | Create an infomercial about suicide prevention to be displayed on the agency television system, agency website, social media, and YouTube page. This video will be played hourly by individuals within the agency | 7/11/2018 |
| | Host a community event to discuss suicide prevention | 7/16/2018 |
| | Include suicide in the treatment of substance use disorder/trauma | 10/31/2018 |
| Stewart-Marchman-Act Behavioral Healthcare | Utilize the C-SSRS tool | Monthly or every visit |
| | Host <i>Who is Jay? Mental Health Symposium</i> | 5/1/2019 |
| | Implement SAMSHA's Zero Suicide Grant | 9/1/2018 |
| | Facilitated <i>Question, Persuade, Refer, Treat</i> (QPR-T) suicide risk assessment | As needed |
| | Facilitate QPR trainings | Biweekly |
| | Use a suicide risk environmental audit tool | Monthly |
| Gateway Community Services, Inc. | Complete a suicide prevention education for staff and consumers | 8/3/2018 |
| St. Augustine Youth Services | Use psychological evaluations and refer high risk youth | 7/1/2018 |
| | Participate in <i>Walk for Suicide Prevention/Awareness</i> | Fall 2018 |
| | Initiate the <i>Community Action Team</i> for St. Johns County | 7/1/2018 |
| | Have suicide prevention and Baker Act training for all staff | Fall 2018 |
| | Provide quarterly training to the Crisis Intervention Program at St. Johns County Sheriff's Office. | September and December 2018 |
| | Implement suicide prevention and intervention trainings | 7/1/2018 |
| Clay Behavioral Health Center, Inc. | Attend <i>Community Outreach</i> at Orange Park Town Hall | 8/10/2018 |
| | Staff will attend QPR training | 8/8/2018 |
| | Staff will attend the <i>Orange Park Fall Festival</i> | 10/1/2018 |
| | Provide suicide prevention information at the Clay County Health Department Teen Clinic | Weekly |
| Citrus Health Network, Inc. | Create an internal <i>Zero Suicide</i> task force | To be determined |
| | Host a suicide prevention public health fair | To be determined |
| | Follow-up with the Hazard Vulnerability Analysis for Crisis Units | To be determined |
| BayCare Health Systems | Participate in <i>Hernando County Alliance and Baker Act</i> meeting | Monthly in 2018 |
| Agape Network | Hold a clinical team meeting and training | 10/17/2018 |
| NAMI Gainesville | Attend the Symposium on Adolescent Suicide Prevention | 7/18/2018 |
| Lutheran Services Florida Health Systems | Organize and conduct two 2-day <i>Wellness Recovery Action Plan</i> (WRAP) trainings and train two staff to facilitate WRAP | 7/16/2018 |
| | Attend <i>Helping Others Health Training</i> in Ocala how peer specialists can help instill hope in their at-risk individuals | 8/20/2018 |

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| | Provide a WRAP training for peer participants in Ocala | 9/18/2018 |
| | Attend the circuit break out session at <i>Florida Behavioral Health Conference 2018</i> | 8/16/2018 |
| | Attend the <i>Mental Health Northeast Florida Summit</i> and be part of the suicide prevention panel support and attendance/marketing | 10/3/2018 |
| | Participate in the <i>Out of Darkness Walk</i> | 12/1/2018 |
| | Market the <i>International Peer Assistance Conference</i> in Orlando where workshops on peers and suicide prevention are planned | 12/3/2018 |
| | Provide <i>Mental Health First Aid</i> training for adults | 9/5/2018 |
| Revive Ministries and Magellan Complete Care | Host <i>You Are Not Alone, Speak Out</i> 2nd Annual Suicide Awareness Concert | 9/30/2018 |
| | Provide the <i>Effective Leadership Response to the Challenges of Law Enforcement Suicide</i> training | Ongoing |
| St. Petersburg College Regional Community Policing Institute | Provide <i>Innovative Interventions and Practices for Suicide Prevention</i> training | Ongoing |
| | Provide the <i>Positives of Being a Law Enforcement Family: Best Practices for Law Enforcement Family Programs</i> | Ongoing |
| | Provide <i>Model Policies on Critical Incident Peer Support</i> training | Ongoing |
| | Continue to update the http://policesuicide.spcollege.edu/ | Ongoing |
| | Search and apply for grants that will fund <i>In Harm's Way</i> | Ongoing |

APPENDIX 3: COUNCIL MEMBERS AND DESIGNEES

| Organization | Designee/Member Name |
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| 1. Statewide Office for Suicide Prevention | Dr. Sofia Castro (Chair) |
| 2. Florida Association of School Psychologists | Dr. Gene Cash |
| 3. Florida Sheriffs Association | Matt Dunagan |
| 4. Suicide Prevention Action Network USA* | No designee |
| 5. Florida Initiative of Suicide Prevention | Jackie Rosen |
| 6. Florida Suicide Prevention Coalition | Judy Broward |
| 7. American Foundation of Suicide Prevention | Tara Sullivan |
| 8. Florida School Board Association | Karen Brill, Designee |
| 9. National Council for Suicide Prevention | Dr. Dan Reidenberg |
| 10. State Chapter of AARP | Larry Dixon |
| 11. Florida Alcohol and Drug Abuse Association | Dr. Louise Ritchie |
| 12. Florida Council for Community Mental Health | Dr. Kim Gryglewicz, Designee |
| 13. Florida Counseling Association | Dr. Carly Paro |
| 14. NAMI Florida | Cindy Foster |
| 15. Secretary of Elder Affairs | Gretta Jones, Designee |
| 16. State Surgeon General (DOH) | Shay Chapman, Designee |
| 17. Commissioner of Education | Dr. David Wheeler, Designee |
| 18. Secretary of Health Care Administration | Jack Plagge, Designee |
| 19. Secretary of Juvenile Justice | Dr. Gayla Sumner, Designee |
| 20. Secretary of Corrections | Dr. Dean Aufderheide, Designee |
| 21. Executive Director of the Department of Law Enforcement | Seth Montgomery, Designee |
| 22. Executive Director of the Department of Veterans Affairs | Alfred D. Carter, Designee |
| 23. Secretary of the Department of Children and Families | Dr. Sofia Castro, Designee |
| 24. Executive Director of the Department of Economic Opportunity | Traci Jones, Designee |
| 25. Governor's appointee | Stephen Roggenbaum |
| 26. Governor's appointee | Donna M. Schulz |
| 27. Governor's appointee | Open Seat |
| 28. Governor's appointee | Open seat |

* This organization no longer exists.